



WELCOME



**28TH ANNUAL
VERMONT SAFETY AND
HEALTH COUNCIL EXPO**

**OCTOBER 18TH, 2024
8:00AM - 4:00PM
LAKE MOREY RESORT, FAIRLEE VT**



Today's

Schedule



Vermont Safety
and
Health Council

Making Vermont a Safer Place to Work!

8:00am - 9:00am
Registration, Breakfast,
Networking

9:00am - 9:30am
Opening Remarks

9:30am - 10:30am
Workers Comp-
Compensability and
Managing the Claim

10:30am - 11:00am
Break-Vendors-
Networking

11:00am - 12:00pm
Changing Weather -
Heat, Extreme Weather,
and its Impact on our
Workforce

12:00pm - 1:00pm
Lunch-Vendors-
Networking

1:00pm - 1:30pm
Fit Body Boot Camp - Post
Lunch Warmup

1:30pm - 2:30pm
Breakout Sessions
Air Quality Issues in the
Workplace

1:30pm - 2:30pm
Breakout Sessions
Working Outside the
Workplace

2:30pm - 2:45pm
Break-Vendors-
Networking

2:45pm - 3:30pm
Distracted Driving and
the Impact on Work
Policies

3:30pm
Closing Remarks

Today's

Speakers



Shannon Prescott, CWCA, COSS

Shannon is the Director of Risk Control of The Richards Group, serving Business Insurance clients with employment practice compliance and safety program evaluation and implementation, helping them achieve compliance with OSHA, DOT and DOL regulations. In addition, she provides First Aid/CPR courses and Mental Health First Aid courses.

Shannon is a licensed Property & Casualty Producer, a Certified WorkComp Advisor, a Certified Occupational Safety Specialist and is an Authorized OSHA Outreach Trainer for General Industry and Construction courses. Shannon serves on the VT Safety & Health Council and is also an active member of the Massachusetts based, Franklin County Young Professionals, currently serving as the organization's Chairperson.



Dirk Anderson

Dirk Anderson is Director of Workers' Compensation and Safety with the Vermont Department of Labor. Prior to that, he served as general counsel to the Vermont Department of Labor for sixteen years, as well as counsel to the Vermont Employment Security Board. His areas of responsibility include the administration of Vermont's workers' compensation program, the enforcement of the Vermont Occupational Safety and Health Act, workplace safety and health consultation, and the Passenger Tramway Safety Program. He previously served as a staff attorney with the Fire Prevention Division of the Department of Labor and Industry and with the Department of Public Safety. He obtained his law degree from the Vermont Law School, and a B.A. from the University of New Hampshire.





Today's

Speakers

Dr. Margaret Morrissey-Basler

Dr. Margaret Morrissey-Basler is an Assistant Professor of Health Sciences at Providence College and the Senior Advisor of Occupational Heat Safety Advisor at the Korey Stringer Institute. She has over 34 peer-reviewed publications on heat stress, worker health, and hydration and led a 51-expert roundtable on occupational heat safety, resulting in a heat safety consensus document. She also serves as the Chair of the Thermal Stress Working Group at AIHA and a subcommittee member of the recently published ANSI/ASSP A10.50 heat stress construction voluntary standard. She has been invited to speak about heat safety at many safety events and conferences, such as NSC, VPPPA, AIHce, AIHConnect, ACGIH, and NIHHS. She has consulted with numerous organizations, such as UPS and Delta Airlines, to improve their heat stress management plans. She dedicated her career to providing evidencebased guidelines to protect underserved working populations from heat stress through research, education, and advocacy initiatives.



Scott Whittier

Scott Whittier is the Warning Coordination Meteorologist (since 2008) at NOAA/NWS Burlington, VT Forecast Office and has been at NWS Burlington since 1993. Scott was awarded the Northeast States Emergency Consortium's Emergency Manager of the Year for VERMONT in 2013 for his efforts with Tropical Storm IRENE (2011) and Vermont's Catastrophic Full Scale Exercise (2010). Scott has worked closely with the VT Department of Health and NWS Public Service Program to elevate the dangers of heat through new heat tools, collaborated on heat safety messaging and developed a dedicated local heat page - weather.gov/btv/heat. Scott graduated with a Bachelor of Science degree in Meteorology from Lyndon State College in VT.





Today's

Speakers

Abraham Fitch

Abraham Fitch graduated from UVM in 2002 with a BS in Natural Resources Recreation and Tourism. After graduating he started his career as an Environmental, Health and Safety Manager in the electrical utility industry and has maintained the Certified Utility Safety Professional (CUSP) credential since 2014. In 2018, he was hired at VELCO as the Safety Manager and is currently the Field Services Manager overseeing VELCO's Safety, Physical security, Vegetation and Right-of-Way departments. In 2023 Mr. Fitch lead the effort for VELCO to achieve OSHA's SHARP recognition. He lives in Shelburne, VT with his wife and three daughters.



Sarah Manning

Sarah Manning is the head coach at Westminster Fit Body Boot Camp. She began 13 years ago under the tutelage of the WFBBC founder. She thrives to inspire and motivate people to be their best selves, physically and mentally. Her passion is working with clients to perfect their form. The optimal goal is to reduce pain and build muscle through stretching, foam rolling and functional training. As Head Coach, she fosters the growth of the amazing team of coaches to help the clients reach their goals in and out of the gym.



Today's

Speakers



Krissy Clark

Krissy Clark is the Lead Nutritional Coach at Westminster Fit Body Boot Camp. She began as a member 7 years ago. A year into it she was offered and accepted a coaching internship and became a Certified Professional Trainer through the National Academy of Sports Medicine, Krissy is also Precision Nutrition level 1 certified.



Brian Mitchell EHS Professional, CSHO, CEAS

BRIAN MITCHELL is a Safety Professional with many years experience in Safety & Risk Management. Mr. Mitchell has developed safety programs, ergonomic protocol of medical and state entities and is heavily involved with regulatory compliance for OSHA termed General Industry clients throughout the United States as well as conducting numerous training programs in the field of health and safety for private industry and government agencies. He currently manages special projects, insurance and governmental accounts, with his primary focus being the State of Vermont.



Today's

Speakers



Michelle Thompson, MPH, Public Health Industrial Hygienist

Michelle Thompson is the Public Health Industrial Hygienist at the Vermont Department of Health. In her nine years with the department she has been a subject matter expert on all things indoor air quality and is the program manager for the radon, lead in school and child care drinking water and envision (school environmental health) programs. Michelle has a BS in Environmental Engineering from Clarkson University and an MPH in Occupational and Environmental Health from Tulane University.



Karen Casper, PhD, Asthma and COPD Programs Manager

Karen Casper is the COPD Asthma Program Manager and Respiratory Health Director at the Vermont Department of Health. Over the past 13 years Karen has worked in the Health Department to improve public health policies, systems of care and health outcomes, including more recently to increase awareness of risks for COPD - especially among certain occupations and risk groups, promote respiratory health best practices, and expand asthma-friendly environments, including promoting the Asthma-friendly Schools Program, Environmental Walkthroughs in Businesses and in Schools (the Envision Program). Karen has a PhD in applied anthropology from UCLA, with concern for quality of life and unanticipated consequences in international health and development programs.



Today's

Speakers



Joshua Mikkola

He is the patrol commander out of the Derby barracks and the commander of the drug recognition expert program as well as a member of the crash reconstruction team.



Berrian Eno-Van Fleet

Berrian Eno-Van Fleet is the Workers' Compensation Program Manager, supervising the office in the Department of Labor. Born and raised in Cabot, VT, she received a BFA from New York University and a JD from Tulane University, New Orleans. Prior to her return to Vermont in 2020, she assisted US Department of Justice attorneys in US District Court for the Deepwater Horizon and Hurricane Katrina Industrial Canal civil litigations. She also led the short-term rental regulation office for the City of New Orleans in the Department of Safety and Permits.

Prior to her legal career, Berrian was a theater director and producer with the New York Fringe Festival and founder of Arthur's Dress Shop Theater and the UnConvention Theater Festival.

