



October 27, 2026
Killington Resort
Killington, VT

Speaker Spotlight



JEANETTE LANGSTON

Founder & Owner Social Roots Studio

Jeanette Langston is the founder and owner of Social Roots Studio, a Vermont-based consulting, education, and community connection studio that helps workplaces, organizations, and communities weave meaningful social connection into how they work, gather, and serve. She is the U.S. Regional Ambassador for the global Social Connection Collective – tied to the WHO Commission on Social Connection – and a member of Weaving Us, the social-fabric practitioner network at the Aspen Institute. A Certified Chief Wellbeing Officer with a Diploma in Social Innovation from the University for Peace in Costa Rica, Jeanette founded and led the Vermont nonprofit Social Tinkering and co-authored the 2025 Rutland County Landscape Analysis on Social Connection, Isolation, and Loneliness. Her work is grounded in lived experience, practice, and global research – and a guiding belief that how we are in relationship matters.

Meaningful Social Connection & Thriving Workplaces

Session Takeaways



Spot Hidden Disconnections



Build Stronger Connections



Learn Practical tools to
foster belonging



Creatively cultivating
meaningful social
connection to thrive
together.

SOCIAL ROOTS STUDIO



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LISA M. DONOHUE

Thrive Center of the Green Mountains, Inc.

Lisa Marie Donohue served as the Director / Catalyst of the Rutland County Worksite Wellness Initiative, 2000 - 2004. The initiative was sponsored by the James T. Bowse Community Health Trust, Rutland Chamber of Commerce & Rutland Community programs and aimed to mobilize workforce populations and the community towards healthier choices and behaviors. As of January 1, 2005 - The name changed to the "Hands on Health Network"; with the work resuming under The Thrive Center of the Green Mountains to present.

To the battle weary: Not so Spartan self-care

Session Takeaways



Overcome challenges and build resilience



Written reflections and group discussions



Reconnect with your personal values





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CHARLES ALEXANDER
IHMS

Charles Alexander, OTR/L, CWCE, CEES

Occupational Therapist and Co-Owner at IHMS. Charles specializes in injury prevention, ergonomic job analysis, and worksite health programs. With extensive experience in industrial rehabilitation and workforce ergonomics, he works closely with organizations to reduce injuries, improve return-to-work outcomes, and enhance employee well-being.



ERICA GALIPEAU
IHMS

Erica Galipeau, PT, CWCE, CEES

Physical Therapist and Co-Owner at IHMS. Erica's passion is working as a resource for employers to implement injury prevention strategies to improve employee wellness. These services include problem-solving workplace injury risks, ergonomic evaluations, stretch programs, employee training, job analyses, and individual employee consultations/coaching.

From Job Analysis to Injury Prevention: Building Safer, Healthier Workforces

Session Takeaways



Identify workplace risk factors



Support safe return-to-work



Improve safety and productivity



IHMS
THE BODY MECHANICS



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RICHARD W. SARNIE

United Safety Professionals

Richard Sarnie is a nationally recognized safety, risk management, and insurance professional with more than 30 years of experience helping organizations improve operational performance through innovative safety and risk strategies. His expertise spans manufacturing, construction, distribution, retail, and process industries, with a focus on integrating safety, risk management, and business objectives to drive measurable results.

What to Do If OSHA Shows Up at Your Worksite: Essential Steps for Compliance and Preparation

Session Takeaways



Step - by - step OSHA Response plan



OSHA inspection readiness checklist



Increased confidence while maintaining compliance

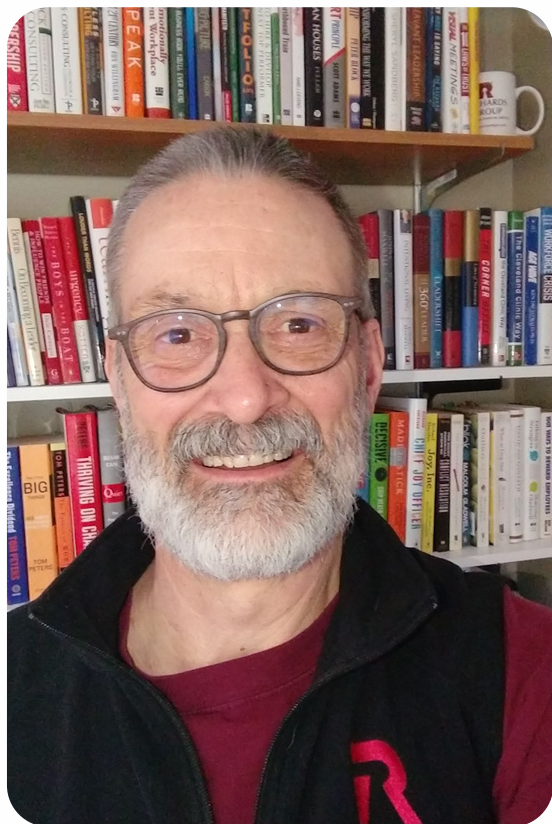


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ROSS GIBSON

The Richards Group
an IMA Company

Ross Gibson is leadership and organizational development consultant/facilitator. As Trusted Advisor at The Richards Group (TRG), Ross works with organizations to help develop positive leadership growth. Prior to working as a consultant, Ross held a number of senior HR roles. Ross has a BA in Social Psychology from Tufts University and an MA in Management from Brandeis University. He is the immediate past-Director of the Vermont State Council of the Society for Human Resources Management (SHRM). He is also a past-President of the Northeast Human Resources Association (NEHRA).

Be Excellent at Anything!

Session Takeaways



Workbook with session content



Advance your journey to excellence



Inspire and support excellence in others



The
Richards Group
An IMA Company





VERMONT SAFETY
& HEALTH COUNCIL
30TH ANNUAL
Expo

Keynote Speaker

**October 27
2026**

Killington Grand Resort

Speaker Highlights

Jacy Good and Steve Johnson share the tragic and inspiring story of how a distracted driver changed Jacy's life forever. Speaking as both a crash survivor and a caregiver, they offer a unique dual perspective that has impacted more than 1,900 audiences in 44 states since they began speaking in 2011.



**Jacy Good
&
Steve Johnson**

**Hang Up
And Drive**

Register Today

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MATT HARRINGTON Harrington Brands

Matt Harrington is the founder of Harrington Brands, a leadership development, strategy, and organizational culture firm that works with businesses, nonprofits, chambers, associations, and community institutions to strengthen leadership capacity, team performance, accountability, and growth. He is also the CEO of the Southwestern Vermont Chamber of Commerce, where he leads regional economic development, business engagement, public policy, and collaborative community initiatives across the Shires of Vermont.

Beyond Policy and Protocol: Leading the Whole Employee Toward a Stronger Safety Culture

Session Takeaways



Diagnose & Coach Effectively



Motivate Safer Performance



Develop Stronger Employees





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JESSICA REDMOND

Rhino Foods



Jessica Redmond is a Learning and Development Consultant and Certified Positive Intelligence® Coach who helps employee-centered organizations build practical, measurable training and leadership programs. Drawing on experience in aerospace, education, renewable energy, and food manufacturing, she combines systems thinking, data-driven solutions, and people-centered leadership to create learning experiences that strengthen leaders, develop teams, and drive meaningful organizational growth.

Train Smart: How Safety and HR Can Partner to Build a Safer, Stronger Workforce – with Vermont Training Program Support

Session Takeaways



Meaningful Training Frameworks



Grant Funding Strategies



Stronger Partnerships

From Stress to Sage: Positive Intelligence (PQ) Tools for Safer Decisions and Whole-Employee Well-Being

Session Takeaways



ID Mental Saboteurs



Reset Focus Under Pressure



Improve Safe Decision Making

